

Polk County Regional Mental Health and Disability Services Management Plan

Substantive Changes:

1. Updated Annual Service and Budget Plan components.
2. Changed Regional Governing Structure
3. Added policy (current practice) to actively participate in weekly transition meetings facilitated by Department of Human Services
4. Changed Appeal process of 2nd level review by Executive Director to the Administrative Law Judge (alignment with other Regions)
5. Changed Wait List criteria to allow for vital/emergency services
6. Added children to eligibility requirements as below:

Child:

Residency: The child's custodial parent is a resident of the state of Iowa and the child is physically present in the state (25.15(2)b).

Financial Eligibility:

Unless otherwise specified in law, Polk County is always the funder of last resort. Families will be expected to access any other funding streams for which they are eligible. Eligibility for county funding of other services depends on the family's income. Access point staff will review the application to determine if the applicant meets the financial eligibility requirements in IAC 441-25.2(4).

1. Income Guidelines: (IAC 331.396A)

Family gross income is at or below 500% of the current Federal Poverty Guidelines. The family of a child receiving regional funding for behavioral health services shall be responsible for a cost share amount based on their household income in accordance with a sliding fee scale contained in IAC 441-25.16(3)b and the Polk County MHDS Region Operations Manual.

The income eligibility standards specified herein will not supersede the eligibility guidelines of any other federal, state, county, or municipal program. The income guidelines established for programs funded through Medicaid (Waiver programs, Habilitation Services, etc.) will be followed if different than those established in this manual.

2. Resource Guidelines: There are no resource limits for the family of a child seeking children's behavioral health services.

Diagnostic Eligibility:

The child has been diagnosed with a serious emotional disturbance, except for comprehensive facility and community based crisis services according to 331.397A (4)"b". Serious emotional disorder means the same as defined in Iowa code section 225C.2. (a diagnosable mental, behavioral, or emotional disorder of sufficient duration to meet diagnostic criteria specified within the most current diagnostic and statistical manual of mental disorders published by the American psychiatric association that results in a functional impairment. "*Serious emotional disturbance*" does not include substance use and developmental disorders unless such disorders co-occur with such a diagnosable mental, behavioral, or emotional disorder.)